



Welcome to our

Newsletter



EATA PURPOSE

To promote knowledge and research on Transactional Analysis, to develop its theory, and to ensure agreed standards of practice.

To promote cooperation in Europe in the field of Transactional Analysis.

To connect the affiliated members of EATA.

CONTENT

The Presidents Note

Council 2025 threads:

- Belonging and representation
- The way it was shaped
- Visibility and voice
- Strategy integrating soul
- Ethics in action
- In-betweens & leisure moments

What matters from EATA Committees

A Mosaic of the ITAA & EATA World
Transactional Analysis Conference

A book feature

A New Generation of successful exams

Editorial: A Living Legacy

This issue of the EATA Newsletter was not easy to bring together. Deadlines stretched, contributions hesitated, and some pieces—like the WTAC mosaic—remained quieter than hoped. The vision was to integrate voices from all fields, to reflect the full richness of our community. That didn't fully happen. And yet, what did arrive—what was offered with care, presence, and generosity—feels deeply meaningful.

In these pages, you'll find reflections on belonging and representation, on ethics and visibility, on intersubjectivity and shared inquiry. You'll hear voices from Council, from EATA committees, from authors and about the exams, each offering a thread. Together, they form a tapestry—not complete, but alive.

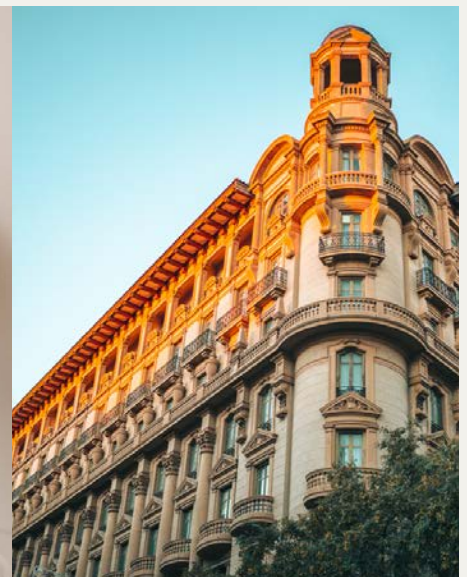
This newsletter is not just a publication. It is a space of dialogue, a rhythm of connection, and a legacy built by many hands. Its future depends on you. Your voice, your experience, your reflections—these are what make it real.

So let this be an invitation. To write, to respond, to contribute. Whether it's a story from your practice, a question you're holding, or a perspective you feel needs to be heard—there is room for you here.

Thank you to those who stepped forward this time. Your contributions made this issue possible. And to those still considering: we're listening. The next issue begins now.

Warmly,

Eva van der Randen
EATA Newsletter Editor



@EATA_NEWS | OFFICE@EATANews.ORG

www.eatanews.org

Presidents Note



"Dear EATA Members,

For me EATA is an umbrella and connection point for the affiliated national associations of Europe represented and composed by their delegates and stakeholders to guarantee the quality standards of TA and to offer European and worldwide recognised exams and training standards. To spread TA on a contemporary level and make it visible in the professional and general world. To connect the members and representatives of TA and to offer Platforms for meeting and exchanging and to share knowledge and to inform about developments concerning theory, conferences and events.

During the last three years of my presidency we started and initiated some steps to deepen this. The main topics were making EATA more visible on social media, rebuilding some parts of the website and as biggest project organising the world conference in Montpellier together with ITAA - big thanks to Jean Luc Boyer, who held in his role as organising chair during the whole time the overview and managed his responsibilities in an excellent way - the conference was a big success! All committed worked with a lot of energy and effectiveness and I am always impressed about the commitment and energy - don't forget all this work is done voluntary and together with professional and family responsibilities.

Another challenge was the budget situation which is deeply influenced by the actual situation of the world in general and especially by the increasing prices of travel costs, accommodations and the costs organising and offering exams in the way we did it in the past. As consequence we have new travel regulations now and limits for accommodation and renting rooms. Up to now we will follow this regulations very strictly without exceptions. Additionally the delegates voted to hold the council 2026 instead the high season in July middle of October to benefitting from low season prices in autumn. I thank here all those committed for their willingness to accept lower budgets and to find ways to save money.

During the General Assembly, which took place online on 24 September, I presented the projects for my second term of office, which began in July 2025. The focus will be on continuing what has been achieved so far, i.e. continuing the webinars and adding the new format "Let's talk" to offer an more informal platform for members to come in contact with EATA's Executive and members. maintaining the visibility of our activities on social media, and maintaining and improving the quality of exams and training.

In addition, the work of the strategy group has begun, which was confirmed by the delegates at the 2025 Council and implemented at an initial meeting. It is composed of representatives from all committees and will scrutinise and examine EATA's organisation, processes and structures over the coming year. A key point here is to document the organisations knowledge in such a way that transitions are designed to ensure that this knowledge is not lost – many processes can also be digitised and automated to make EATA fit for the digital age and to make the most of these opportunities. - in the Council 2026 we will present the outcomes.

For December 2026 is planned a research conference in Rome and I thank the Italian associations for hosting and preparing this conference.

Finally, I would like to point out that EATA is celebrating its 50th anniversary this year, which we will be celebrating with joy and various activities throughout the year and during the 2026 council."

Warmly,

Sylvia Schachner, EATA president



EATA Council 2025

The 2025 Council meeting offered a space for thoughtful inquiry and shared responsibility. Through a series of emergent themes—belonging, ethics, visibility, and strategic rhythm—delegates engaged in a process that was both reflective and forward-looking. What follows is a synthesis of the conversations that shaped the room.



1. Belonging and representation

This Council opened with a tone of honesty and care, shaped by the absence of part of the Executive Committee, which brought both a sense of co-responsibility and a deeper feeling of community. From the beginning, space was created for contributions to be named, so the days ahead could be shaped by being brought closer together in the work we share. I chose to be transparent about stepping into this task of facilitating the Council for the first time, not to highlight shortcomings but to account for imperfections and vulnerabilities that are also parts of genuine collaboration.



The welcome from our Romanian hosts, president of the Romanian Association ARAT, Anca Tiurean and EATA Delegate Sorina Vrana, deepened this atmosphere, reminding us how hospitality anchors belonging. And the naming of new delegates showed that the Council is never fixed, but always expanding and reshaped by fresh voices. Together, these moments turned the Council into more than a meeting—they made it a living space of representation, inclusion, and community.

2. The way it was shaped

A different rhythm guided this Council, creating space for reflection and gentle movement, and encouraging everyone to take ownership of their contributions. By engaging with each other in dialogue, agreement, and sometimes disagreement, members could explore new relationships, appreciate diverse perspectives, and bring their own insights into the collective experience.

The intention was to create a space where people could truly see and hear one another, and feel part of a shared process. Hopefully, leaving everyone a little more connected, and a little more ready to contribute to the Councils still to come.

Ana-Marija Vidjak, EATA General Secretary



3. Visibility and voice

The discussion around EATA's "new outfit" and social media policy raised questions about how we show up in the world. What does visibility mean for a professional community? Who gets to speak, and how?

During the recent Council meeting in Bucharest, the Communications Committee—represented by Kristýna Tomanová (Chair) and Eva van der Randen (Newsletter Editor)—presented a joint initiative on aligning EATA's communication channels. The session marked a meaningful step toward greater coherence in how EATA speaks, listens, and connects—both internally and with the wider community.

The first part of the session invited delegates into a reflective process: a series of guiding questions encouraged them to explore the purpose, tone, and emotional resonance of each communication channel. What does clarity look like? Where does belonging begin? How do we balance structure with warmth, and consistency with openness? Through open dialogue and shared inquiry, delegates mapped the landscape of EATA's communication—naming both its strengths and its fragmentation.

Together with the webmaster Javier, the committee then introduced a visual proposal: a refreshed logo and house style designed to be more legible, inclusive, and emotionally attuned. These drafts are not yet finalized, but they gesture toward EATA's upcoming 50th anniversary in 2026—a symbolic moment for renewal.

The Council's response was thoughtful and engaged. Many welcomed the initiative, recognizing the need for transparency and coherence. Others voiced caution around changing long-standing symbols. These differing views were held respectfully, and the conversation itself became a reflection of EATA's values: dialogue, inclusion, and care.

This process is ongoing. It asks for time, trust, and space for multiple voices. As we move forward, we remain committed to shaping a communication strategy that reflects both tradition and transformation—one that invites belonging, fosters connection, and strengthens EATA's presence in a changing world.

Kristýna Tomanová, CC Chair and Eva van der Randen, Newsletter editor



4. Strategy integrating soul, a reflective SWOT Process

Building a resilient, distinctive future for TA in Europe

During the Council meeting, delegates engaged in a group process exploring EATA's strengths, weaknesses—and the taboos that often go unnamed. This wasn't just a business exercise; it became a mirror. Through open dialogue, members surfaced not only structural insights but also emotional truths, values, and aspirations for EATA's future.

A small, cross-committee team will now carry this work forward. Their task: to distill the reflections into a strategic foundation that serves both the European and country levels of our organization. The first draft will be presented to committee chairs at the March meeting, with finalization planned for the next Council gathering.

This is more than a document—it's a commitment to resilience, distinctiveness, and the courage to look at our shadows as well as our strengths.



5. Ethics in action

The session “Ethics in action,” sparked deep reflection.

It wasn’t just about policy—it was about presence, responsibility, and the courage to hold ethical tension.

This dialogue unfolded in the presence of delegates from both Ukraine and Russia. Their willingness to share, listen, and remain in the room together offered a quiet testament to ethical courage. The reflections gathered invite all beings within EATA to hold space for suffering on all sides, to foster transparency—even when the path feels uncertain.

In a quiet choreography of movement and dialogue, delegates circled eight tables—each a space to speak, listen, and reflect. Stories surfaced from across geographies and wounds, inviting delegates to hold ethical tension with humility and care. What emerged was not resolution, but a shared commitment: to stay in contact, to witness, and to keep reaching—especially when hope feels fragile.



6. In-betweens & leisure moments

Where we choose to stand

Thirty years ago, this photo would've been unimaginable.

Back then, war tore through our region — neighbors turned strangers, and pain spread where connection once lived. The scars were real, and they still echo through generations.

But look at this moment now.

Delegates from across the former Yugoslavia — once divided by conflict — standing together, smiling, embracing. We speak in different accents of the same language, we carry shared memories, stories, and rhythms. And despite the weight of history, we choose to show up — not as enemies, not even just as colleagues, but as fellow humans.

It's never truly been the people who wanted war - it was driven by power, fear and a heavy machinery of politics.

As the years have passed, people have been finding their way back to one another...

This photo doesn't erase the past. But it shows what's possible when we refuse to let the past define the future.

Ana-Marija Vidjak, EATA delegate



Delegates from Serbia, Slovenia, Croatia and Montenegro during the leisure-time tour through Bucharest.

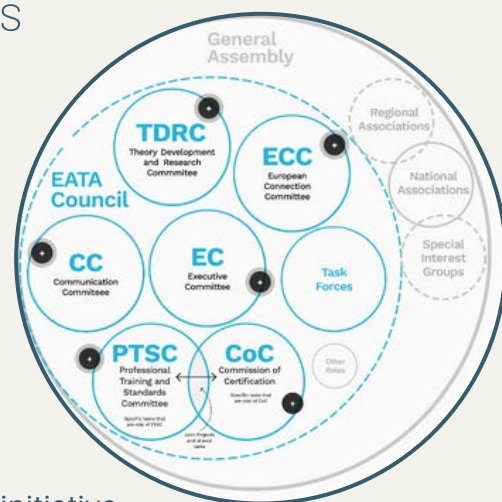
What matters from EATA Committees

In this section we are bringing you footing directly from the delegates who are working in the committees of the EATA Council. Our goal is to foster a greater sense of connection and engagement by providing some essence, a meaning to the work, philosophy, and interaction."

PTSC

Bringing clarity and enthusiasm to the CTA Journey

A conversation with Patrick Odendaal on the new flow chart initiative.



In a recent conversation with Patrick Odendaal, we explored the motivations and vision behind one of the new flowcharts designed to support candidates in the CTA certification process. The initiative reflects a desire to make the journey clearer, more inviting, and emotionally attuned to the candidates' experience.



Patrick shared that during his own CTA exam process, he often felt reliant on his supervisor to navigate the steps—knowing which forms to complete, when to make payments, and how to interpret the Handbook. The lack of clarity required a level of adaptation that felt unnecessary. This experience inspired him to join the PTSC, where he could actively contribute to improving the processes for others.

"We're developing several flowcharts," Patrick explains, "one of the results is the pre-CTA process" The new chart offers a clearer overview, with reflective questions at each stage. For example: "How do I choose my principal supervisor and why is this important?"

The document supports a reflective process to get ready for the formal step to sign the CTA contract or decide otherwise. It answers questions that arise when a TA professional considers taking up the journey towards the CTA examination.

Patrick also emphasizes the broader vision: "most national associations, alike EATA, includes in its mission the desire to spread TA. This chart supports that mission by making the CTA process more accessible and inviting by providing support in making a decision that's based on information from Parent, Adult and Child. For example, one of the first reflections is to start with: "Why do I want to step into this path to CTA?"

Patrick expresses deep gratitude to Natalia Artamonova-Weimar whose dedication and energy have been central to the development of this initiative.

The guide was prepared by the Exam Project Group (EPG), initiated by Patrick Odendaal, with contributions from Sia Susorova, Natalia Vasileva, Rolindes Arroyo, Berit Fahlén, and Natalia Artamonova-Weimar. It was later beautifully designed in collaboration with the Communications Committee and webmaster Javier Cormenza. Patrick extends heartfelt thanks to each of them for their thoughtful collaboration and shared commitment to clarity and care.

Feedback is still fresh, but the team welcomes both constructive criticism and positive strokes. “We want to learn from what’s shared,” Patrick says, “and continue refining the experience.”

If he had to summarize the heart of the initiative in one sentence, Patrick offers: “We want to share our enthusiasm for the CTA certification—it’s a valuable, life-changing experience.”

Patrick Odendaal, EATA delegate



COC

On August 6 and 7, EATA organised CTA and TSTA-exams in the beautiful city of Montpellier. Although the outside weather was very warm, the focus of the 35 candidates was clearly on succeeding this next step of their TA-journey.

We are very pleased to announce that all 24 CTA passed their exams successfully after they travelled to the south of France from Switzerland, Luxemburg, Slovenia, Ukraine, the UK, Spain, the Netherlands and France itself.

We also welcomed 10 TSTA and 1 CTS-TS candidate from Belgium, Germany, Italy, Romania, Sweden, Switzerland, the UK and France. Eight of these candidates passed all three exams, two candidates passed partially, and one person was deferred. More than 150 examiners from 15 different countries stood at the voluntary service of the candidates and EATA wishes to thank them explicitly again for this hard work!

The Local Examinations Supervising team also spend a lot of summer hours in preparing these exams under the watchful eye of Christoph Seidenfuss, Chair of COC. Sabine Blumenstein (Germany) and Dr Cathy McQuaid (the UK) were on duty for the TSTA-exams and Valérie Cionca (Switzerland) and Tin Vanderhoeven (Belgium) for the CTA-exams.

It is this kind of fantastic dedication from everybody involved that makes our robust exam process unique. Congratulations to all new TSTA's, STA's, CTA-S, CTA's and thank you again to all the examiners and the organizing team!

Tin Vanderhoeven, EATA delegate

You are warmly invited to join a special EATA & ITAA joint webinar on the

28th of November 2025 10:30 AM - 12:00 PM CET

Transactional Analysis in the light of Psychedelic Psychiatry



About the Webinar

In this webinar, Zefiro Mellacqua returns to Berne's scientific appraisal of the emergence in the 1950s and 1960s of psychedelic science, on which Berne founded his unique conceptualization of psychic organs, ego states, cathexis, and his later, as well as preliminary, considerations of the farthest frontiers of transactional analysis, to which he gave the suggestive name of "regression analysis" (Berne, 1961/1975, pp. 224-231). Through a brief history of psychedelic psychiatry, Zefiro will introduce webinar participants to the most recent resurgence of psychedelic science and with that to a more contemporary, yet psychodynamically as well neurobiologically informed, reconsideration of some of the most fundamental ideas of transactional analysis theory and of their possible future applications in the field of psychotherapy and clinical psychiatry.

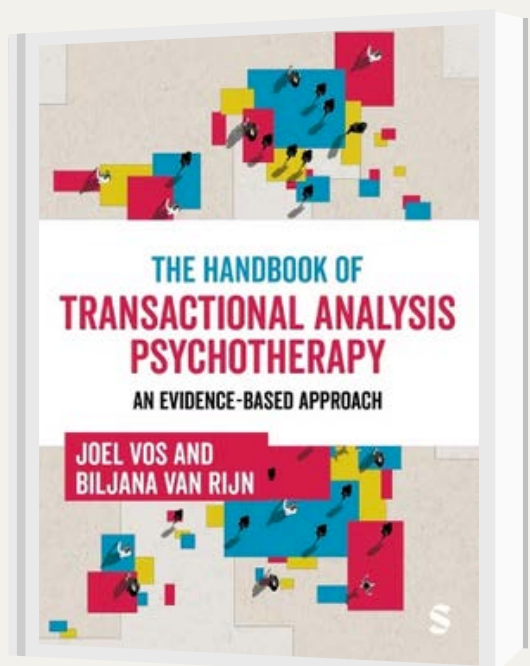
About the Presenter

Dr. Zefiro Mellacqua is the Medical Director of the Cantonal Psychiatric Clinic (CPC) in Mendrisio, Switzerland. A medical doctor, psychiatrist, and Certified Transactional Analyst (psychotherapy) by training, he worked as psychiatrist and psychotherapist for the South London and Maudsley National Health Service Foundation Trust in London (UK) and as a consultant psychiatrist in Switzerland. He implemented the first home treatment team in Canton Ticino. Zefiro is also a clinical lecturer at the SUPSI University and USI Faculty of Biomedical Sciences in Lugano, Switzerland. He is the recipient of the 2024 Eric Berne Memorial Award.

TDRC

"THE HANDBOOK OF TRANSACTIONAL ANALYSIS PSYCHOTHERAPY - An Evidence-Based Approach," written by Vos and Van Rijn, is an exceptional event in the literature on transactional analysis.

Due to growing pressure from national healthcare systems, professional psychotherapy organizations, and insurance companies, transactional analysis has faced restrictions on its recognition as a valid and effective form of psychotherapy in many European countries. In some countries, it has been banned from being taught in official training programs or even prohibited from being explicitly practiced with patients.



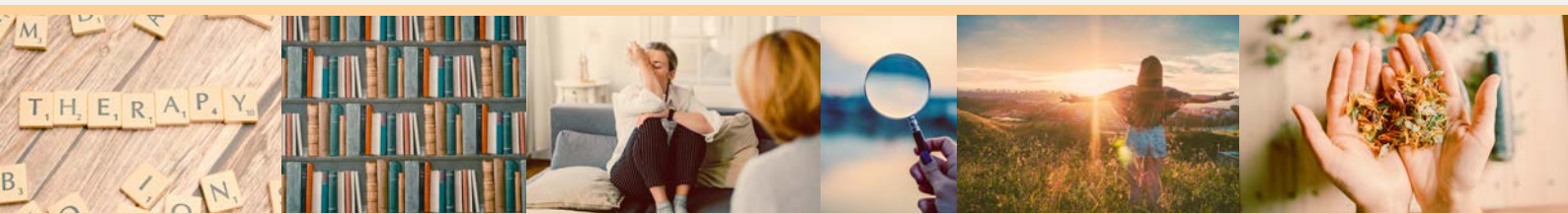
EATA has responded to the alarm raised by national TA associations affected by this transformation in the mental health field developing several research projects on the effectiveness of TA, promoting the publication of scientific articles and the dissemination of the collected evidence, as described in the research section of the EATA website's homepage.

The fundamental gap in research on the effectiveness of TA was the lack of high-quality scientific treatment manuals, written according to the same international principles used by the most accredited psychotherapy models.

This manual is the most recent and systematic expression of our community's years of commitment to transforming TA from a supposedly effective psychotherapy (in my opinion, this therapy is effective) to an empirically supported psychotherapy (numerous scientific studies demonstrate that TA is as effective as other psychotherapy models).

Among the numerous concepts developed in over half a century of TA literature, often based on the authors' personal opinions, Vos and Van Rijn have selected only those concepts common to all TA orientations and schools, and among these, only those empirically verified by systematic research. Therefore, the concepts used in this manual to describe physiological and pathological mental functioning (ego states, existential positions), its etiology (core transactional messages such as injunctions, drives, counterinjunctions, permissions, allowances, and programs), and therapeutic mechanisms of change (patient-therapist relationship, psycho-education, shared diagnosis, contract and goals, phases of therapy, script analysis, etc.) are derived from a systematic review of the literature, clinical trials, and a questionnaire sent to all transactional analysts to define the concepts most commonly used in their practice.

The manual also presents treatment plans for depressive, anxiety, trauma-related disorders, personality disorders, neurodiversity, alcohol and drug abuse, eating disorders, sexual disorders, and others.



Finally, the manual proposes a general 16-session TA treatment protocol, divided into phases, in which the main intervention focuses are described (not prescribed) for each session. Although clinical treatments often extend beyond 16 sessions, the protocol is flexible enough to serve as a useful guide for planning long-term therapies with multiple goals for resolving both symptoms and personality disorders. It can also be useful for therapies or other interventions aimed at personal development, even in other fields than psychotherapy.

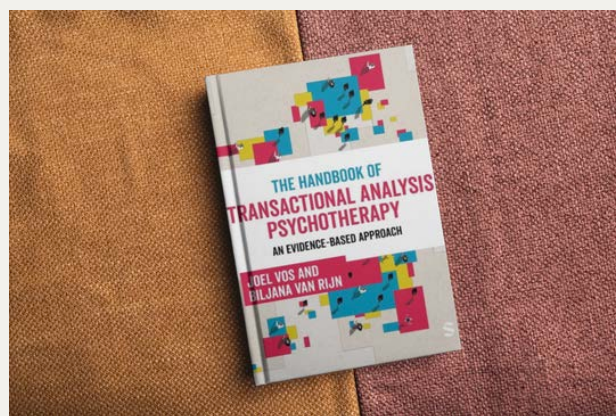
The manual is also an invaluable source of bibliographic references and connections between Transactional Analysis and the most accredited scientific theories in the field of psychotherapy, as well as comparisons with the main validated psychotherapy models.

In addition to being an excellent educational and clinical tool, this manual is the EATA and the authors' response to the request for help from national TA associations. It can be used decisively by those in their countries who are called upon to demonstrate the effectiveness of TA to healthcare institutions or participate in drafting laws regulating the practice of psychotherapy.

I conclude with the hope that all transactional analysts belonging to the various schools or orientations of TA psychotherapy will find in this manual a solid guide that illustrates how to develop their theoretical reflections and clinical practice in accordance with the quality standards of our scientific community. This will ensure that future Transactional Analysis manuals incorporate scientific principles that make them usable in systematic research on the effectiveness of our model.

Happy reading!

Enrico Benelli, chair of TDRC



EATA & ITAA World Conference Montpellier Mozaic



A. EATA & ITAA organizing team

Q1. What was the heart of your intention for this conference—and how did it unfold?

My deepest intention was to create a space where Transactional Analysis could be experienced both as a legacy and as a living, evolving practice. I wanted participants from many countries, carrying different traditions and perspectives, to feel part of one global community. We worked hard so that people would not only attend workshops and keynotes but also live a truly human experience: to connect with each other, to feel the history of TA, and to be inspired by its future. What unfolded went beyond what I hoped for. I saw a conference where joy, depth, and diversity came together, where TA felt anchored in its roots while reaching toward the future.

Q2. Was there a moment that made you feel, “This is why we do this”?

Yes, many. One was seeing the social activities filled with people from different countries simply being together, sharing silence and presence. Another was during the free Friday aperitif open to all participants and then, of course, the Gala evening: watching 250 people dancing with abandon, laughing, and celebrating as one community.

For me personally, the closing circle was special and very moving. I remembered my first TA conference years ago, when I felt like an outsider who couldn't quite find my place. In Montpellier, I saw so many younger colleagues and students feeling welcomed, inspired, and recognized. In that moment, I thought: this is why we take the risk, why we spend years preparing, why we stretch ourselves. It is to create belonging and transmission.

Q3. What did you learn about the TA community through organizing this event?

I learned that the TA community is both fragile and incredibly strong.

Fragile, because organizing such an event required constant negotiation across institutions, cultures, and languages. At times we faced resistance, entrenched habits, and probably some fear of change.

Yet the TA community is also strong, because in the end, people showed up with generosity and passion. I discovered how resilient and creative we can be together.

I also saw how much the new generation of TA practitioners is ready to step in. They bring energy, questions, and sometimes a very different frame of reference. My role was to build bridges between the heritage of Berne and the creativity of those who are just beginning their journey, including those whose perspectives differ from previous generations.

What I learned is that TA is alive, and it will continue to grow if we dare to welcome diversity, difference, and change, while staying true to the heart of human connection.

Jean-Luc Boyer, Chair of Ifat and the organizing team

B. Workshop Leaders

Q1: What inspired you to conduct your seminar and how did the participants respond?

My inspiration came from the opportunity to present a model that I had been developing over many years of practice, working at the intersection of coaching and psychotherapy. For me, it was a challenge to find an effective way to help people in this field and to share it with colleagues from different countries. The participants responded with great interest, actively asked questions, and when I was asked whether there was an article about my model, it became a special joy for me.

Q2: Did any unexpected ideas or connections emerge during your session?

What surprised me was how vividly and openly colleagues engaged in the discussion. Their questions and reflections showed me that my work resonates in other professional cultures as well. This gave me not only a sense of unity, but also confidence that the model could be valuable beyond my own country.

Q3: How did this conference deepen your understanding of TA?

This conference confirmed for me that TA is not only a professional space, but also a community uniting generations of people who love and value our method. In Montpellier, I saw how respect, trust, and strength create bold hopes and great opportunities for future generations. With gratitude, we spoke about this with colleagues already on our way home. Thank you to France and to all the participants for allowing us to be part of this historically important event.

And of course, my applause goes to ITAA and EATA, Jean-Luc Boyer, and everyone involved in organizing such a large-scale event. The tremendous work and the wonderful feedback about the World Conference reflect its truly exceptional level. May TA flourish like the seeds you have so carefully planted in the fan!

Viktoriia Starchenko



2. I loved the WTAC Montpellier conference.

I attended all of the key notes, and Keith Tudor's acceptance speech, and lots of workshops by up and coming transactional analysts. I was proud that 18 of the organizational workshops were being given by students who have attended Intact Academy. After four years of virtual contact, the joy of seeing colleagues and friends again - to spark off each other in our passion for TA - was amazing.

My own workshop was on the Transformational Team Coach model I have developed over the past 12 years. What touched me was seeing all these generations of transactional analysts, realising on the one hand that many of the colleagues I grew up with were retiring, while there is a fantastic new generation of transactional analysts finding their place.

Drs. S.J. van Poelje

C. Participants

Q1: What moment or conversation stayed with you after the conference?

During her workshop, Sari van Poelje asked whether we wanted to be a team or a group – and then walked out of the room. Suddenly, things started to move. It was a wonderful example of what leadership and group dynamics can bring about. That moment really stayed with me.

Q2: How did being part of this global TA gathering impact you personally or professionally?

It was my first time attending a world conference. I was deeply touched by the diversity of cultures and by how, despite the tensions and conflicts that exist in the world, people came together in harmony. It felt like a powerful example of connection across borders.

Q3: Did you experience a shift in perspective or a new sense of belonging?

Through the richness of inspiring workshops, I was offered many new perspectives. The international setting helped me literally look beyond my own borders, which feeds my creativity and strengthens me as a TA professional. Even joining workshops outside my own field (I'm in the organisational domain) turned out to be surprisingly enriching.

Sandra Smits



2. This year's World TA Conference beautifully highlighted how what we create today will one day become legacy.

It was inspiring to see so many people united by the principles of OK-ness and shared values. As President of the Ukrainian TA Association (UATA), I was deeply proud that my colleagues travelled such long journeys – in some cases nearly two days – to be together. The dedication of Ukrainian colleagues and the caring attention of the global TA community show how legacy is created in the connections we nurture today. This conference became a space to renew energy, connection, and hope for the future.

My warm thanks to the organisers and volunteers for making this gathering so meaningful and welcoming.

Iryna Tepalenkoiryna

Book Spotlight

As part of its commitment to promoting scientific integrity and editorial quality, the TDRC has reviewed and approved the following book and accompanying reflections—highlighting a significant contribution to the field of Transactional Analysis.

Intersubjectivity in Psychotherapy

By José Manuel Martínez Rodríguez (Eliva Press, 2025)

We're pleased to highlight a recent publication by José Manuel Martínez Rodríguez: *Intersubjectivity in Psychotherapy. An Integrative Approach to Neuroscience, Development and Clinical Practice*. The book offers a rich, interdisciplinary exploration of how intersubjectivity shapes healing—drawing from neuroscience, developmental theory, and clinical experience.

José writes: "The book summarizes many hours of work with patients, the insights provided by many Transactional Analysts, and many professional exchanges with EATA colleagues." The book's seven chapters guide readers through the ontogenetic and phylogenetic roots of intersubjectivity, the neural basis of shared experience, and the relational methods of integrative psychotherapy. Techniques such as acknowledgment, validation, and presence are explored across individual and group settings, with particular attention to early relational failures and psychotic experiences. The final chapters introduce the concept of a "shared third perspective"—a co-created space of reflection and reciprocity within the therapeutic relationship.

Marco Mazzetti situates the book within the historical arc of TA:

"Berne could have called his theory Ego State Analysis or Script Analysis—but he chose Transactional Analysis, because he believed it was social relationships, the transactions themselves, that shape the human psyche."

"José's book feels like a maturation of Berne's original intuitions—now enriched by decades of theory, clinical practice, and neuroscience."

Gregor Žvelc highlights the book's integrative clarity: "It is written in an accessible and understandable style and will be an invaluable resource to all psychotherapists interested in the co-created nature of the psychotherapeutic relationship."

From neurobiological foundations to relational group processes, this publication offers both scientific depth and clinical resonance. It's a generous contribution to the TA field—one that invites us to reflect, connect, and deepen our understanding of the shared field between therapist and client.



New Generation



Exam successes

CTA Exam London, May 8/9, 2025

Congratulations to the following candidates all in the field of psychotherapy:

Mauro Tarrini
Angela Bedford
Helen Hunter
Daniel Lee
Ruth Gibson
Agi Gault
Michelle Lilley
Indre Sateikyte
Nina Shipova-Rossier



The examiners were:

Kate Foster
James King
Michael Feat
Joan Moore
Gary Bishop
Lee Millward
Katherine Collado

Trevor Tall
Delilah Zabaneh
Sam Carbon
Roz Tallboy
Emma Black
Paula Carr

The exams were organised by Nikki Millard (LES), Robin Robinson (Candidate co-ordinator) and Gun Isaksson-Hurst (Process Facilitator), with Patrizia Vinella as the COC observer.



Exams Padua, Italy, June 20th, 2025

Congratulations to:

Ilaria Del Duca CTA-P
Maria Virgillito CTA-P
Federica Maccadanza CTA-P
Claudio Rajola CTA-C
Alessandra Regonini CTA-P
Florentina Bocioc CTA-P
Sally Moore CTA-P

Ana Marija Lusicic CTA-P
Mara Adriani TSTA-P
Silvia Barrera TSTA-P
Daniela Di Legge TSTA-P
Barbara Giacobbe TSTA-P
Federica Panella TSTA-P
Mirko Paolinelli Vitali TSTA-P



Thanks to the examiners:

Eleonora Addonizio

Annalia Arcangeli

Patrizia Baroncini

Clara Battisti

Enrico Benelli

Maddalena Bergamaschi

Remo Dello Ioio

Patrizia Di Camillo

Aleksandra Djuric

Marialisa Ermini

Sara Filanti

Claudia Filipponi

Antonella Fornaro

Tiziana Frazzetto

Alessandro Garuglieri

Orlando Granati

Pierluigi Imperatore

Cristina Innocenti

Alex Lagas

Antonella Liverano

Irene Massai

Roberto Bestazza

Maria Teresa Bevilacqua

Gabriella Boniotti

Desiree Boschetti

Ilaria Caniggia

Sam Carbon

Raffaele Mastromarino

Sara Molinaro

Stefano Morena

Elke Mowat

Marco Moz

Michele Novellino

Silvia Patrussi

Giorgio Piccinino

Alessandra Pierini

Gianclaudio Plebani

Antonio Raneri

Barbara Revello

Fabio Ricardi

Pietro Romanelli

Beatrice Roncato

Michela Carmignani

Giorgio Cavallero

Alessandro Ciamei

Valeria Cioffi

Giovanna Danuso

Ugo De Ambrogio

Eva Sylvie Rossi

Marco Sambin

Maria Licia Scantamburlo

Maila Serra

Leopoldo Spinosa

Silvia Stanga

Claudia Schweigler

Alessia Tintori

Francesca Vacca

Marieke van der Berg

Alba Viglione

Francesca Vignozzi

Ulrika Widen

Anna Zappia



Exams Roma, Italy, June 20th, 2025



Congratulations to:

Viviana Addabbo CTA-P
Raffaella Bencivenga CTA-P
Elisabetta Bini Smaghi CTA-P
Yesica Lorena Brun CTA-P
Alessandra Buzzonetti CTA-P
Riccardo Coratella CTA-P

Ludovica Ferrara CTA-P
Milena Pacini CTA-P
Sara Ruffino CTA-P
Claudia Simonetto CTA-P
Eleonora Spadavecchia CTA-P
Marianna Vaggi CTA-P
Elvira Vitti CTA-P



Thanks to the examiners

Cinzia Andreini
Giovanna Alfieri
Arianna Ascenzi
Laura Bastianelli
Mihaela Barticel
Suanna Bianchini
Josip Bosnjakovic
Silvana Bove
Cristina Caizzi
Luigi Casiglio
Luca Cau
Davide Ceridono
Maria Luisa De Luca

Carla De Nitto
Oscar Durante
Paola Fulignoli
Rosanna Giacometto
Massimo Gubinelli
Valeria Lauria
Elisabetta Loi
Raffaele Mastromarino
Ludovica Molina
Pasqua Papagni
Amelia Pulvirenti
Barbara Ricci
Maria Rizzi

Chiara Russo
Sara Schietroma
Mara Scoliere
Annacarla Senesi
Domitilla Spallazzi
Emanuele Stanisci
Marco Tineri
Elisa Tonini
Miura Trabucco
Massimo Vasale
Andrea Vignoli

Exam coordinator: Silvia Tauriello
Assistant: Roberta Sanseverino, Claudia D'Aversa
Process Facilitator: Maria Gioia Milizia
EATA Moderator: Christine Chevalier
Observer: Domitilla Spallazzi, Laura Bastianelli
Translators: Rosanna Giacometto, Cristina Caizzi, Maria Luisa De Luca

Exams Montpellier, France, August 7th, 2025



Congratulations to:

Sarah Carcillo CTA P
Alan Wardle CTA P
Špela Podnar CTA P
Wendy Huisman CTA O
Kate McKenzie Simpson CTA P
Linda de Vos - de Groot CTA C
Viktoriia Lopatko CTA P
Maksym Yavorskyi CTA E
Sabina Mateo León CTA P
Lindsay Thompson CTA O
Ariane Töpfer CTA C
Amanda Rowlands CTA P

Ashley Jack CTA P
Holly Young CTA P
Russel McLeod Vant CTA P
Isa Delannoy CTA P
Sandra Perrin CTA E
Hélène Pagnod-Rossiaux CTA O
Emmanuel Rouhaud CTA E
Laurent Souchet CTA O
Stéphane Burnier CTA E
Magali Giraud CTA E
Anne Bonis CTA C
Benoît Prual CTA P



Exams Montpellier, France, August 7th, 2025



CTA Examiners

Maryline Authier
Benedicte Bouche
Jacques Boujot
Ndia Bretagnolle
Patrice Caulfuty
Karine Danan
Helene Dejean
Annie DE Oliveira
Xavier Eloy
Ana Evangelista
Pascale Feller
Nathalie Francols
Francois Gabaut
Dominique Gerard
Fabian Giliard
Jean-Paul Godet
Veronique Guelfucci
Chantal Guellec
Anne Huschens
Corinne Laurier
Danielle Mizrahi
Elena Nikolova
Nicole Pagnod-Rossiaux
Ange Petit
Jean-Marc Petitel
Yves Verdier
Agata Ribay
Arnaud Saint Girons

Isabelle Soetaert
Valerie Perret
Alla Dalit
Gabrielle Boniotti
Olha Demydova
Alessandro Garuglieri
Serhii Mordiusenko
Mria Petrova
Viktoriia Starchenko
Beren Aldridge
Adam Bekier
Sonja Billmann
Samantha Carbon
Christine Chevalier
Alessandro Ciamei
Valerie Cioffi
Fiona Cook
Will Daniel-Braham
De Groot Marieke
Marleen Dehondt
Fiona Firman
Nicoleta Gheorghe
Jakobien Geuze
Ever Gutierrez
Tatjana Gjurovic
Aruna Gopakumar
Petra Gorsic
Nathalie Goursolas Bogren

Birgitta Heiller
Michelle Hyams-Ssekasi
Vann Joines
Lieuwe Koopmans
Myriam Ladeuze
Alex Lagas
Maya Lutay
Alastair Moodie
Tetiana Nefedova
Dubravka Pesorda
Marij Peters
Rebecca Petersen
Cristina Petrescu
Alesandra Pierini
Simona Ramella Paia
Theo van der Heijden
Piet van Haster
Marguerite Sacco
Salma Siddique
Jan Simek
Elena Soboleva
James Sweeney
Thomas Wehrs
Enid Welford
Jeanette Wygoda
Valentyna Zakharchenko

Exams Montpellier, France, August 7th, 2025



Congratulations to:

TSTA:

Alexandra Psallas TSTA P
Alina Brigitte Rus, TSTA P
Anita Holland TSTA P
Berit Fahlén TSTA P
Fabiola Santicchio TSTA P
Ioana Cupsa TSTA P
Linda A. O'Hern STA P
Maria Bran STA P
Thomas Lorenzen TSTA C
Bernard Gentelet CTA Supervisor P



TSTA examiners:

Adena Franes
Agnès Petit
Alastair Moodie
Alessandra Braga
Alessandra Pierini
Andy Williams
Anne Huschens
Annie Decaux
Aruna Gopakumar
Béatrice Godlewicz
Beren Aldridge
Bertine Kessel
Bev Gibbons
Birgitta Heiller
Boris Volodin
Christine Chevalier
Christophe Petitjean
Corinne Laurier
Debbie Robinson
Decaux Annie
Di Salters
Dominique Gérard
Elena Soboleva
Eleonore Lind
Elly Voorend
Enid Welford
Eric Bittar

Evelyne Papaux
Evita Cassoni
France Brecard
Françoise Tachker Brun
Hanna Yavorska
Helen Rowland
Isabelle Crespelle
Isabelle Taquin
Jacques Moreau
James Sweeney
Jean-Paul Godet
Jo Stuthridge
Karina Heiligers
Kathrin Rutz

Keith Tudor
Kerri Warner
Lieuwe Koopmans
Linda Hoebe
Lorna Johnston
Madeleine Laugeri
Maja Pavlov
Mandy Lacy
Marco Mazzetti
Marij Peeters



Local Exam Supervisors: Sabine Blumenstein, Cathy McQuaid.
Tin Vanderhoeven, Valérie Cionca.
EATA observer: Christoph Seidenfus



Thank you

The EATA newsletter is published by the
European Association for Transactional Analysis,
a non-profit association registered in Geneva, Switzerland.

Mailing address:

EATA

c/o M. Rauter Silvanerweg 8

78464 Konstanz, Germany

Phone: +49 - 7531 -955 190

E-mail: office@eatanews.org

<http://www.eatanews.org>

Editorial Board:

Eva de Kroon-van der Randen

eata.editor@eatanews.org

Marianne Rauter, Robin Hobbes

Design: Eva de Kroon-van der Randen

Images:

Publishing of images was authorized by the creators.

Frequency and Deadlines:

For contributions:

January 10 for the February issue,

May 10 for the June issue,

September 10 for the October issue.