

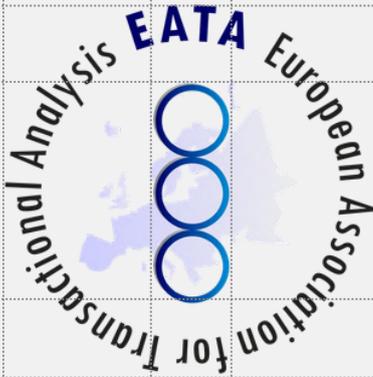
Welcome to our

eata^{50 years} newsletter

March 2026 | no. 145

eatanews.org

European Association for Transactional Analysis



eata
european association
for transactional analysis

50
years



Editorial. [Page 2 >](#)

Interview with EATA President
Sylvia Schachner — Celebrating
50 Years of EATA. [Page 4 >](#)

Strategy Update: Where we are now
— and how you can join in. [Page 9 >](#)

International Context & Evidence-Based TA. [Page 12 >](#)

Navigating the AI Frontier — TA AI Working Group. [Page 14 >](#)

EATA 2026 Webinars: TA, AI & Human. [Page 16 >](#)

Special Feature: Introducing EATA's New Logo. [Page 17 >](#)

TA Research Conference 2026 — [Page 22 >](#)

Interview with the Ethical Advisor — [Page 23 >](#)

EATA Medals. [Page 27 >](#)

In Memoriam: Nelly Micholt. [Page 28 >](#)

Next Generation — Exam Successes. [Page 30 >](#)

Fifty Years of EATA: A living, growing community



By **Eva de Kroon-van der Randen**,
EATA Newsletter Editor

Dear colleagues, friends, and members of the EATA community,

This year, EATA celebrates its 50th anniversary — a milestone that invites us to pause, look back, and look ahead. Half a century ago, colleagues across Europe imagined something bold: a shared space where Transactional Analysis could grow across borders, cultures, and professional fields. Their vision became the foundation on which generations have built, questioned, renewed, and expanded our community.

Anniversaries are moments of gratitude, but also of reflection. EATA has weathered social change, political tension, digital transformation, and shifting professional landscapes. And yet, the heart of our work has remained constant: human connection, ethical presence, and the belief that people grow through relationship. What began as a pioneering initiative has become a living network — shaped by many hands, many voices, and many stories.

In this special edition, we honor that legacy while also exploring the questions that shape our present and future. Our President, Sylvia Schachner, reflects on the evolution of EATA and the challenges of our time. You will also find updates on strategy, research,

examinations, and the growing role of technology in our professional lives.

And as a symbolic marker of this anniversary year, we introduce EATA's renewed logo — a thoughtful expression of identity, inclusion, and clarity.

... EATA is not just an organization. It is a community in motion — reflective, resilient, and committed to learning. Its future depends on the willingness of each of us to stay engaged, to contribute, and to remain in dialogue with one another.

Across all contributions, one theme stands out: EATA is not just an organization. It is a community in motion — reflective, resilient, and committed to learning. Its future depends on the willingness of each of us to stay engaged, to contribute, and to remain in dialogue with one another.

Thank you to everyone who contributed to this edition, and to all who continue to shape EATA's story. Here's to the next fifty years — grounded in our shared values, strengthened by our diversity, and inspired by the work still ahead.

Warmly, **Eva**

As we prepare this special anniversary year, we are adjusting the publication rhythm of the EATA Newsletter to align more closely with the Council meeting in October. The revised schedule for 2026 is as follows:



Publication Months

March – early-year updates and anniversary launch

July – mid-year highlights and interviews

November – Council report and reflections



Submission Deadlines

15 February

15 June

15 October



An Invitation to Contribute

The Newsletter is a space shaped by the voices of our community. In this anniversary year, we warmly invite members, committees, and national associations to share reflections, updates, stories, and perspectives that speak to EATA's values and future direction.



Practical Details

Length: approx. 300 words

Send to: eata.editor@eatanews.org

Deadline: before the 15th of the month preceding publication

Thank you for helping us make this anniversary year a shared celebration of connection, learning, and growth.

EATA Newsletter Publication schedule update – 50th Anniversary Year



The Newsletter is a space shaped by the voices of our community. In this anniversary year, **we warmly invite members, committees, and national associations to share reflections, updates, stories, and perspectives** that speak to EATA's values and future direction.

Interview with EATA President Sylvia Schachner

Celebrating 50 Years of EATA – Reflections, Challenges, and Vision



50
years

As EATA celebrates its 50th anniversary, it feels fitting to begin with a conversation that looks both backward and forward. In this interview, **President Sylvia Schachner reflects on the organization’s evolution, the challenges shaping our present moment, and the values that continue to guide our shared work.** Her perspective offers a grounded and inspiring entry point into this special edition.

1) When you reflect on EATA’s 50-year journey, what moments or developments stand out to you as especially meaningful for the European TA community?

Sylvia:

I want to begin with the foundation of EATA. Even today, it feels extraordinary that 50 years ago colleagues created a European umbrella organization to bring TA associations together. There was clearly a spirit in the air — a wish to connect TA people across borders and to develop TA on an international level.

Another meaningful aspect is EATA’s structure. At first it can seem complicated, but over time I realized how progressive it actually is. Having both – association membership – and through this, individual members – creates a system that allows us to align European standards with national realities. This is especially important in psychotherapy, where national associations play a crucial role in recognition processes by national governments.



On a personal level, I've been connected with EATA for about 20 years — almost half my professional life. EATA has become part of my identity. And I'm not alone: many colleagues have been involved for decades. Their experience and continuity are essential for our development.

Over the years, I've also seen EATA grow from being primarily psychotherapy-focused to becoming a truly multi-field organization. The increasing number of associations, especially from Eastern Europe, has been a milestone. Since the 1990s, we have welcomed countries on the borders of Europe — for example Georgia, Kazakhstan, Kyrgyzstan — which raises important questions about what "European" means. For me, it is more about shared values and training needs than geography.

Across these decades, one theme keeps returning: the balance between continuity and change. We must hold on to our standards and quality, while adapting to new social, digital, and professional realities. This balance is at the heart of EATA's journey.

2) As President, what has touched or inspired you most in the past months while working with colleagues across Europe?

Sylvia:

What inspired me is the resilience and flexibility of our associations and members. Although EATA can be perceived as distant and bureaucratic, the challenges of recent years have demonstrated adaptability, flexibility and spontaneity.

During the pandemic, we quickly began to take advantage of the possibilities offered by online training, and a task force investigated the possibility of holding exams online as well. These processes are more complex than they appear at first glance. The rapid development of online forced us to explore online training, qualification, and meetings.

It is now possible to complete an entire TA journey online without ever meeting in person, which has increased accessibility for many — and it also invites careful reflection on what it means for relationships, training quality and our community.

As a further consequence, many of the meetings, workshops and webinars that we regularly offer our members are now held online. In this way, we are making an important contribution to climate protection by significantly reducing the number of trips.

It is now possible to complete an entire TA journey online without ever meeting in person, which has increased accessibility for many — and it also invites careful reflection on what it means for relationships, training quality and our community.



What touches me most is the ongoing war in Europe. It is impossible to celebrate an anniversary without acknowledging this reality. I am deeply impressed by how our Ukrainian colleagues respond to Russia's invasion and ongoing violence. Their resilience, their clarity, and their commitment to continue studying, teaching, and organizing conferences is extraordinary, especially given the strain and uncertainty they are living with. They show us what it means to live our values, not only when life is comfortable.

I am moved by the continuous support from TA colleagues across Europe.

As an initial response, we established a support platform where colleagues can offer their expertise and assistance and connect with those who need support.

For four years now, people have offered help, solidarity, and presence. It has not faded. This is a powerful expression of solidarity and connection.

I am deeply impressed by how our Ukrainian colleagues respond to Russia's invasion and ongoing violence. Their resilience, their clarity, and their commitment to continue studying, teaching, and organizing conferences is extraordinary.

This situation also raises important questions:

How political should a professional association be?

How do we respond to developments such as populism, attacks on human rights, and social fragmentation, which can be observed throughout Europe and the world?

How do we discuss and integrate these realities into our training and philosophy?

These are complex questions, and we are learning to hold them thoughtfully within our professional community. Some of these questions were addressed at the world conference in Montpellier, which impressively demonstrated the vitality and interest in TA.

Now, I see a renewed desire for in-person connection. Many national associations are organizing more activities again. The Presidents' Meeting in Valladolid was a wonderful example of how important personal contact remains.

In the future, we will find ways to combine in-person and online offerings to give as many of our members as possible the opportunity to participate in our activities.

3) What do you see as the most important themes or challenges currently shaping Transactional Analysis in Europe?

Sylvia:

One major theme is the generational shift. Many younger colleagues are joining as delegates and officers, bringing energy, enthusiasm, and expertise — especially in digital and AI-related areas. This is a great enrichment. At the same time, we must honor and integrate the experience of long-standing members. Sometimes change happens too fast without fully considering what already exists.

Another challenge is the perception that "EATA gives the rules, and the national associations must follow." This hierarchical image no longer reflects us. EATA is all of us. The officers and delegates provide structure and containment, but development must come from many people, not only a few. We need more involvement from members, more task forces, and more cooperative roles so that the workload is shared and burnout is avoided.

We are also working on automating and clarifying processes — job descriptions, procedures, structures — while keeping enough flexibility for creativity and unexpected situations. It's always a balance.

Finally, visibility is a challenge. EATA has many excellent documents, standards, and resources, but they are not always known. We need to make our work more visible and transform our weaknesses into opportunities for learning and development.

4) How would you describe the spirit of collaboration within EATA today, and what examples from recent months illustrate this?

Sylvia:

Collaboration is growing stronger. We have renewed our connection with ITAA, and many committees now work together — on standards, ethics, and mutual recognition of qualifications. It's important to clarify that we are not merging committees; rather, we are creating spaces where committees from both organizations can meet and work on shared interests.

We are also building bridges with non-European TA associations. This international exchange enriches us and strengthens our global presence.

Within Europe, I see increasing collaboration among national associations. The Presidents' Meeting was a strong example: presidents shared their work, challenges, and visions. It showed how important it is to make the work of national associations more visible and to build a sense of shared ownership.

5) This anniversary year is a milestone. What does this moment represent for you personally, and for EATA as a whole?

Sylvia:

Turning 50 is a meaningful age — for a person and for an organization. At 50, you have built

your foundation: your family, your place in society, your identity. You no longer need to prove yourself in the same way. There is a certain relief in knowing who you are and what you stand for.

For EATA, this is also true. We have a stable base, built by many people before us. Of course, there were conflicts and turbulences, but they helped us grow.



50
years

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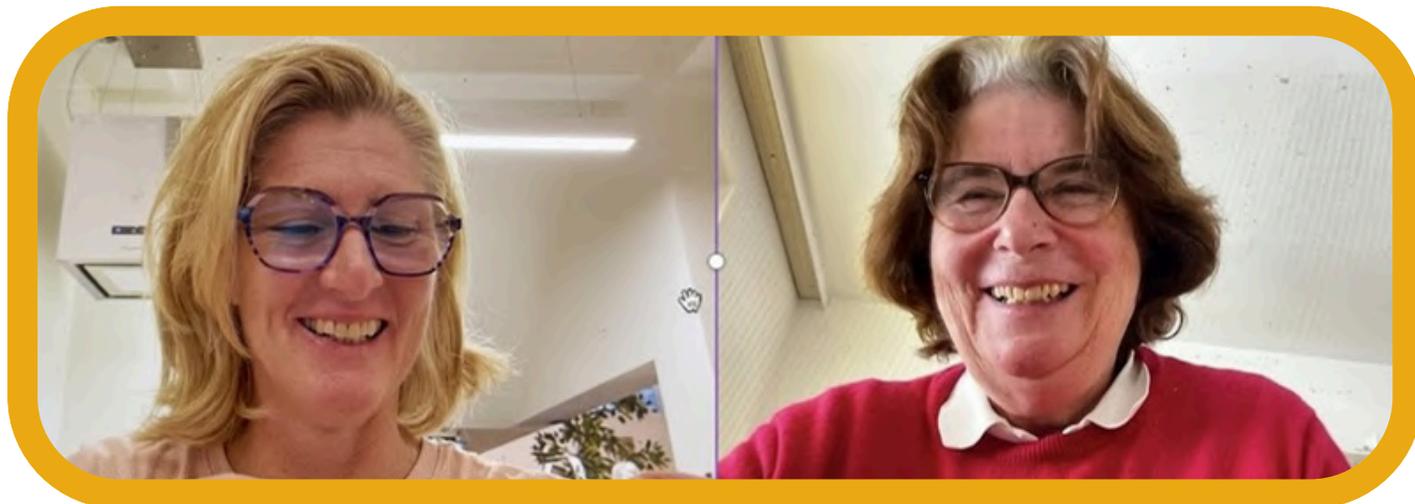
At the same time, turning 50 brings new questions:

What do we want to do with the years ahead?

What challenges do we face?

How do we use our freed-up energy wisely?

Personally, I am thankful and proud to be in this role. It was a big step for me to make myself visible and to stand for my position. Being President has supported my personal development — trusting myself, taking responsibility, and contributing to something meaningful. I am deeply grateful to have been elected for a second term. After the first term, I felt that many processes were just beginning, and I am happy to continue this work.



6) What is your vision for the future of TA in Europe — in terms of development, relevance, and the role EATA can play in the coming years?

Sylvia:

My vision is that we find a clear and stable position on the questions we discussed earlier:

How do our professional standards fit into the European Frame of reference and the requirements of the 21st century?

How political should we be?

How do we integrate social developments into our work?

How do we remain a microcosm of the real world — not isolated, but engaged?

We need to learn how to deal with differences, how to include as many people as possible, and how to distinguish between our tasks:

- **Developing standards**
- **Spreading TA**
- **Influencing our environment in meaningful ways**

I also dream of a general professional title — “Transactional Analyst” — that could be recognized across fields. This is still a vision, and we need more information to see how it could be realized.

I also dream of a general professional title — “Transactional Analyst” — that could be recognized across fields. This is still a vision, and we need more information to see how it could be realized.

Organizationally, my vision is a “good enough” structure: clear, functional, and supportive, without consuming too much energy. This allows space for creativity, connection, and the deeper work that truly matters.

Most of all, I want EATA to remain a trustworthy organization that supports people in their values and responsibilities. We cannot influence European politics, but we can influence our immediate environment — our clients, our students, our colleagues. That is meaningful.

A heartfelt thank-you to our President, Sylvia Schachner, for her time, generosity, and inspiring reflections. Your presence and clarity continue to guide EATA into its next chapter.

Strategy Update:

Where we are now — and how you can join in

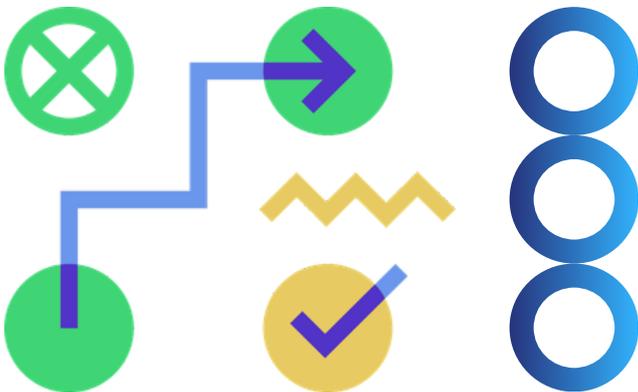
 By EATA Strategy Group*

Dear EATA Community,

We're happy to share an update on a journey we've been taking together: **shaping EATA's Strategy for 2025–2030**. Think of it as planning a road trip with friends. To travel well, we need to know where we're heading, what we'll need along the way, and how we want to travel together. This update is about where we are in that process right now.

How we started

The work began with a simple question: **What do we need to strengthen, and what do we need to change?**



- **November 2024** – The Executive Committee explored EATA's strengths, weaknesses, opportunities, and threats.
- **March 2025** – Committee Chairs joined the conversation, adding their perspectives.
- **July 2025** – At the Council meeting in Bucharest, representatives from all national associations contributed to a final, wide-angle SWOT. From this, a strategy team was formed with members from every committee—because good strategy needs many voices.

What the strategy group is doing now

We have distilled the input from all three SWOT rounds into four strategic directions and a clear sense of EATA's distinct culture. Throughout this work, one guiding question has shaped every decision:

How can we serve our members better and stay relevant in a changing world?

Our process follows four phases:

- **Framework Development** (Sep–Nov 2025) – Condensing the SWOT, brainstorming initiatives, and gathering EC input on priorities.

- **Co-Creation** (Nov 2025–Feb 2026) – Detailing initiatives, finding the right people to lead them, building governance, and creating a visual representation of the strategy.
- **Validation** (Jan–Apr 2026) – Checking coherence, resources, and alignment across projects.
- **Implementation** (from Apr 2026) – Turning plans into action.

We are now completing the **co-creation phase**, refining projects and initiatives so they are ready to launch.

What's emerging

Five key areas are taking shape—think of them as the main chapters of our shared story:

1) Finance, Administration & Leadership – Preparing for transitions, strengthening sustainability, and improving communication so members hear from us clearly and regularly.

2) Qualifying & Certifying People – Exploring online exam options, ensuring financial sustainability, and developing a pre-CTA qualification to support trainees.

3) Research – Building the evidence base for TA through data collection, networks of practitioner-researchers, and exploring a funded PhD position.

4) Projects & Events – Creating more opportunities for learning and connection—webinars, conferences, and new formats that balance quality and cost.

5) Culture – Our greatest strength and our most complex challenge. EATA thrives on diversity and representation, and this richness asks us to be intentional:



How do we manage resources?

How do we give and receive feedback?

How do we balance accountability with kindness?

These questions shape how we grow together.

Real Projects, Real People

These initiatives are not abstract ideas. People across EATA are already leading concrete projects with clear goals and timelines. We will share more details as they unfold.

What happens next — And where you come in

As we finalize the co-creation phase, we will begin inviting more members to contribute their skills and energy. **With 8,000 professionals across Europe**, our collective talent is one of EATA's greatest assets.

Your involvement ensures that this strategy becomes a living movement rather than a document on paper.

A shared future

Strategy can sound formal, but at its heart it is simple:

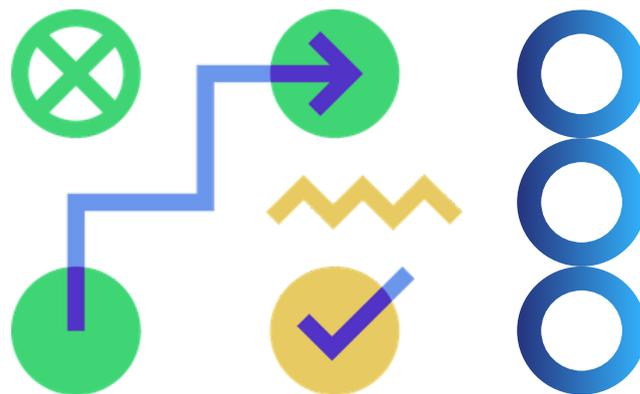
What kind of organization do we want to be, and how do we build it together?

EATA may sometimes feel distant because of the representation structure, yet it exists precisely to connect and coordinate across national boundaries. In today's world, that role matters more than ever.

EATA belongs to all of us. Every idea, every effort, every voice matters. By engaging, you help shape not only our organization but the wider TA community across Europe and beyond.

We'll keep you updated as we move forward. If you have questions or thoughts, reach out to your national association representatives or directly to the Executive Committee.

Here's to building our future together.



*The members of the EATA Strategy Group are:

- Tanja Krist (for CC)
- Orsolya Frank (for TDRC)
- Iza Bobrowska (for ECC) - handing over now to Nadica Skeparoska - Petkovska
- Alan Jones (for PTSC)
- Mayke Wagner - Froböse (for COC)
- Mike Kercher (for EC)



International Context and Evidence-Based TA



by Enrico Benelli,
TDRC Chair

Dear EATA members,

The TDRC continuously monitors the international context that shapes the practice of Transactional Analysis (TA) in psychotherapy, counselling, organisations, and education. As a general principle, we seek inspiration from the highest available institutional sources. This means that international guidelines are preferred over local ones, and that we orient ourselves towards the best available guidelines, best practices, and recognised gold standards within each field.

As TA originated as a psychotherapeutic approach, and as most EATA members are psychotherapists, we focus here on how we monitor and reflect on international developments in psychotherapy. Throughout this work, we remain in close contact with delegates and presidents of national associations whenever there is interest in the topic.

First step: Analysis of the international context

We begin by analysing the international context. In doing so, we consider the following key sources:

1) Guidelines on the integration of practice and research in psychotherapy, particularly perspectives on the development and future of psychotherapy research as presented in the Handbook of Psychotherapy, published by the American Psychological Association (APA).

2) Gold standards adopted by advisers to European health ministers when preparing national legislation regulating psychotherapy. For example, the Slovenian government's adviser recently drew on APA guidelines when informing the new law regulating psychotherapy in Slovenia.

3) European Union regulations related to research planning and access to funding, particularly within the Horizon Europe programme, which supports research in TA psychotherapy.

Across Europe, as well as in the United States, mental health systems are currently shifting from a primary focus on Empirically Supported Treatments (EST) and Evidence-Based Practice (EBP) towards **Practice-Based Evidence (PBE)**. In this perspective, the effectiveness of psychotherapy is no longer located solely within a specific therapeutic model (such as CBT or TA). Instead, it is understood as emerging from the interaction between the best available treatment evidence, the skills and preferences of the therapist, the context in which therapy takes place, and the preferences and needs of the client.

In line with this development, we support the establishment of **Practitioner-Researcher Networks** (PRNs), which integrate clinicians and university researchers. We also support the development of **Learning Health Systems** (LHS) at a national level, in which practitioners are fully integrated into mental health care systems.

Second step: Identifying challenges for TA practice

We then consider whether these international developments present challenges for TA practice.

Key questions include:

- Do changes in the international context challenge current TA theory, training, or supervision?
- Is it necessary to update TA education in order to prepare future TA psychotherapists to actively engage within their national mental health systems?
- As most major psychotherapy models are already aligned, or are aligning, with PRN and LHS requirements, what is needed to ensure that TA is also compliant with these frameworks?

Third step: Developing actions and responses

Based on this analysis, we prepare a list of proposed actions. These are presented to other EATA committees and to the Executive Committee, as well as to delegates and presidents, for discussion and amendment in both informal and formal meetings.

Countermeasures and development strategies

In this phase, we explore what can be done to prepare TA to meet these challenges, and

which PRN and LHS requirements need to be taken into account. Key areas of action include:

- 1) Connecting TA theory, as articulated in evidence-based treatment manuals, with teaching, clinical practice, supervision, outcome and process research, and ongoing theory development.
- 2) Linking TA theory and diagnostic practice with international diagnostic systems such as **ICD-11** and/or **DSM-5-TR**.
- 3) Using internationally recognised outcome measures to evaluate changes in psychopathology (for example, DSM-5-TR AMPD measures and DSM-5-TR PROMIS Level 1 and Level 2 measures).
- 4) Teaching TA trainees how to integrate theory, diagnosis, and evidence-based frameworks within their clinical work.
- 5) Providing supervision in TA training programmes that reflects these integrative principles.
- 6) Training students to write clinical case reports in line with international criteria for assessment, treatment planning, and outcome evaluation.

These analyses and proposals are shared with other committees in order to identify strategies that are both effective and realistically achievable.

If you are a president or delegate and would like to participate in this important and forward-looking work within your country, we warmly invite you to contact the TDRC and ECC Chairs to learn more about how to get involved: tdrc.chair@eatanews.org.

Enrico Benelli, TDRC Chair

Navigating the AI Frontier: The TA AI Working Group's Vision for 2026



by **James Longwell**, Chairperson
TA AI Working Group

Introduction

As AI becomes increasingly present in our professional and personal lives, the TA community is taking thoughtful steps to understand its implications. The joint EATA/ITAA AI Working Group has been exploring how AI can be integrated into the TA examination process in a way that remains aligned with our humanistic values. In this article, Chairperson James Longwell shares an update on their work and the plans for 2026.

Navigating the AI Frontier: The TA AI Working Group's Vision for 2026

As we enter 2026, the integration of Artificial Intelligence (AI) into professional life has moved from early experimentation to an everyday reality – whether we consciously



notice it or not. Within the Transactional Analysis community, this shift brings both challenges and opportunities. The joint EATA/ITAA AI Working Group is pleased to share an update on our progress since our establishment in 2025, and our commitment to ensuring that TA's humanistic values remain central in this evolving landscape.

Our Mandate and Ethical Foundation

The working group's task is clear: to review the existing TA examination system and explore how AI can be integrated — not prohibited — in a responsible and transparent way. From the outset, we recognized that TA's ethical frameworks provide a strong foundation for this work. As AI becomes more present in the examination process, all participants — from CTA candidates to TSTAs — will need to engage with the ethical dimensions of its use.

To ensure alignment with existing exam governance, we have maintained close contact with the Chairs of both the PTSC and COC. Representatives from each committee have now joined the working group, strengthening our shared approach.

2026: From Groundwork to Action

This year marks our transition from exploration to implementation. Key initiatives include:

A Global Membership Survey

We will soon launch a survey across EATA and ITAA to gather insights on current AI use, concerns, and expectations within the examination process. Your input will directly shape the guidelines we develop. Please look out for the survey link in upcoming newsletters.

Internal AI Experimentation

We are fortunate to have two technical experts within our group who are also members of the TA community. Richard Cousins has developed an "on-device" AI tool — a local system that

draws on relevant resources such as handbooks and research archives. This tool has been reviewed by our AI specialist, Femma Ashraf, to explore potential future applications for the membership.

Examination Guidelines

We are drafting recommendations for candidates, supervisors, sponsors, evaluators, board members, and exam coordinators. Our current position favours transparency and disclosure of AI use — reviewed by supervisors and sponsors — rather than heavy restrictions or bans.

Staying oriented in a fast-moving field

The working group is actively monitoring rapid developments in AI and coordinating across EATA and ITAA to create unified, practical guidelines. Our aim is to honour TA's traditions while embracing tools that can support learning, clarity, and accessibility.

We welcome input from all members of the community. Please contact James Longwell at jamesalongwell@gmail.com with ideas, questions, or concerns.

In closing, I extend heartfelt thanks to the volunteer members of the working group, who have invested countless hours in this evolving topic. Our group's imago has been both joyful and serious, inspired and concerned, reflective and action-oriented.

James Longwell, Chairperson TA AI Working Group

Working Group Members:

- James Longwell (UK)
- Earn Lam (Singapore) – ITAA PSC
- Alan Jones (UK) – EATA PTSC
- Femma Ashraf (UK)
- Richard Cousins (UK)
- Priyanka Lenka (India)
- Sarah Hubbard (UK)
- Sheila Beare (UK)
- Louise Witney (UK)

eata webinar



by **Deniz Güney**,
EATA Vice-President

TA, AI, and Human is the theme guiding EATA's 2026 webinar series, and it couldn't be more timely. Across our fields, practitioners are asking how technology is reshaping relationships, learning, and the way we work. These webinars bring together voices from psychotherapy and coaching & counselling to explore that question from two different angles—each offering practical insights for our daily practice.

On **15 April 2026 at 19:00 CEST**, we open the series with two 30-minute presentations that look at what happens when Transactional Analysis meets emerging technologies. How do we stay grounded in human connection while navigating new tools? What opportunities—and challenges—do AI-supported environments bring to our clients, our students, and ourselves?

These sessions are designed to spark reflection, offer concrete ideas, and create space for dialogue across disciplines. Whether you're curious, cautious, or already experimenting with AI in your work, you're warmly invited to join the conversation.

Your presence matters. Bring your questions, your experience, and your voice.



Wednesday,
April 15
19.00 CEST



18.00 – 19.30 BST
19.00– 20.30 CEST
20.00 – 2130 EEST

TA, AI, and Human



Talking with Machines: Making Sense of AI, Bias and Psychotherapy

Femma Ashraf

Femma offers an accessible introduction to AI in psychotherapy, explaining key concepts and addressing ethical, relational, and cultural questions. Using everyday clinical examples, the webinar explores how technology may support therapist reflection—such as noticing bias in ruptures or shifts in trauma narratives—while also examining risks like systemic bias and emphasizing the continuing importance of human judgment and cultural humility.

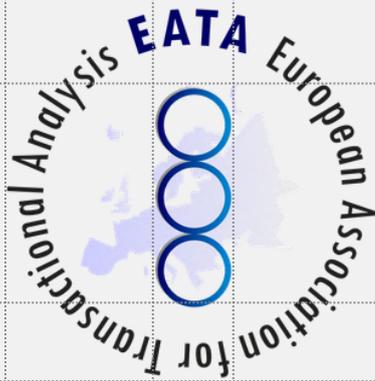


AI in Coaching

Jutta Kreyenberg | Andreas Hoffmann

AI is increasingly integrated into daily life, making ethical and professional reflection essential. PROFESSIO shares its approach to using AI in coaching, exploring how it can support coaches, training, and supervision, while also discussing its limits and potential risks in the coaching process.

[Book your spot here](#)



Special Feature

Introducing EATA's new logo: A journey of identity, collaboration, and renewal

Introduction

This year marks a milestone in EATA's history: our 50th anniversary. Alongside this celebration, we are proud to introduce a renewed visual identity — one that honors our past while embracing who we are becoming.

This transformation was shaped by two people at the heart of EATA's communication work:

Kristýna Tomanová, Chair of the Communication Committee, and Javier Cormenzana, EATA Webmaster and Graphic Designer.

Together, they navigated the emotional, symbolic, and technical dimensions of redesigning a logo that has represented EATA for decades. Here is the story of how it came to life.

The Story Behind the change



by **Kristýna Tomanová**, Chair of the Communication Committee

As most graphic designers would agree, creating a logo — as simple as it may seem — is one of the most difficult and time-consuming tasks there is. A logo is an identity symbol: it carries history, values, and meaning through form and color, and once created, it stays. It should be memorable, simple, elegant, and meaningful — but not too simple, and not too detailed — so that it can be used flexibly across many contexts and still remain clear, legible, and distinctive.

Changing the logo of an organization such as EATA, with its rich history and strong identity, was therefore a bold and challenging endeavor. Yet we decided to set off on this journey — partly to celebrate EATA's 50th anniversary, and partly out of necessity.

Over the years in the Communication Committee, as we redesigned the website, revived social media platforms, shaped the tone of the newsletter, and refined our visual communication, we gradually discovered that

the existing circular logo presented practical challenges. When scaled down, it lost legibility; when scaled up, it occupied a large amount of space, often leaving unused white areas that were difficult to work with in layouts. The symbol itself also became hard to read at smaller sizes. As a result, we introduced a temporary title-style logo for web and social media use, simply so that our name and identity remained clearly visible.

Another important aspect concerned the map of Europe, which has always beautifully symbolized the essence of EATA. Over time, however, this element became limiting, as EATA affiliated with countries beyond the traditional European map — including Armenia, Georgia, Kazakhstan, and Kyrgyzstan — making the original visual unintentionally exclusive. In addition, our cooperation with the DEIA Taskforce encouraged us to work with highly legible, neurodivergent-friendly fonts and color contrasts that could function well across our entire visual identity — on the website, in documents, and across all communication channels. And what better moment to reflect all of this than the year of EATA's 50th anniversary?

These were the main reasons we embarked on what proved to be a challenging — and at times rather ungrateful — journey.

We were fortunate to have our excellent webmaster, Javier Cormenzana, who is also a highly skilled graphic designer. I, as Chair of the Communication Committee, also have a

background in graphic design, so we decided to take on this challenge together.

Of course, we could have commissioned a professional branding agency, but as many of you know, EATA carefully manages its budget, and this simply was not an option.

Javier, as the primary designer, will share more about the technical aspects of the logo creation. Our joint goal was to design something clean, modern, simple, and timeless — a logo that would still embody transactional analysis identity, remain legible when scaled, and work equally well in horizontal formats. We also wanted to preserve the symbolic presence of the three ego states model.

Javier initially developed around five different typographic and compositional concepts, including variations incorporating the map, which we were initially reluctant to abandon. However, none of the map-based solutions proved visually balanced or sufficiently legible within the constraints of a functional logo. In the end, we decided to retain the map as part of the broader house style and background visual identity, rather than as a core element of the logo itself.

Our joint goal was to design something clean, modern, simple, and timeless — a logo that would still embody transactional analysis identity



We tested countless variations — in color, proportions, placement, and line thickness — simplifying again and again. We explored hundreds of color combinations, including bolder and more experimental options, thinking that if we were making a change, it should be visible.

Each color was considered carefully, along with its symbolic meaning and emotional impact. Eventually, we narrowed the selection down to two main logo variants: one more conservative, based on elegant purple and blue tones, and a second, more courageous version, bringing warmth, diversity, and vibrancy through brighter yellow, green, and blue gradients.

These two proposals were presented to the Council in Bucharest, supported by the full Communication Committee.

These two proposals were presented to the Council in Bucharest, supported by the full Communication Committee. The feedback we received was thoughtful, diverse, and deeply constructive, touching on tradition, certificates, printed materials, institutional continuity, and emotional connection.

While there was broad agreement that a logo update was timely and appropriate, it was also clear that such a decision should not be made without consulting national associations. After all, EATA belongs to all of us.

In the meantime, we continued to use the interim logo alongside the original circular one, gradually unifying our visual language, adjusting colors, and introducing more accessible typography in line with DEIA principles. The Executive Committee then approached national organizations through their delegates, gathering feedback and reflections. We waited — sometimes patiently, sometimes less so — for the final outcome of this collective process.



Ultimately, based on the feedback received, the EC voted in favor of the more conservative yet elegant purple–blue version, which you now see as EATA's new logo. At the same time, to preserve the playfulness, diversity, and vitality of our TA community, we retained brighter gradient variations for digital platforms under the eatanews identity, accompanied by a colorful footer line that will become part of EATA's evolving visual language.

Although the final logo may appear simple, its creation was a long, thoughtful, and deeply collaborative journey. While the original logo holds great historical and emotional value, we believe the new design reflects who we are today — a modern, open, connected, and evolving European association. We hope you will welcome this new visual identity as a symbol of EATA's growth, continuity, and future direction — and celebrate it with us in this special anniversary year.

Kristýna Tomanová, Chair of the Communication Committee



Designer's Notes



by **Javier Cormenzana**, EATA
Webmaster & Graphic Designer

What were the main design challenges, and how did you resolve them?

The creative process for the 2025 EATA logo update was focused on modernising the brand while preserving its core essence.

Readability and Scalability

The original logo's circular text and uppercase typography were **difficult to read in small formats** and digital interfaces. This was resolved by **switching the text to a horizontal format** and adopting DM Sans, a geometric, low-contrast sans-serif typeface optimised for digital legibility.

Visual Complexity

Complex elements like gradients and the detailed map of Europe caused printing and scaling issues. The solution involved simplifying the design to a minimalist style, using a **"fat line" for the TA icon to increase visibility, and removing the map from the primary logo**, using it instead as an optional background element.

Versatility

The original logo failed to render well on dark backgrounds and in black-and-white. The new identity was tested to ensure it remains recognisable across various formats, including solid black-and-white versions without gradients for printing.

The solution involved simplifying the design to a minimalist style, using a **"fat line" for the TA icon to increase visibility, and removing the map from the primary logo**

How did you translate the vision into visual elements?

- Lowercase typography to create a friendly, inclusive tone
- Horizontal layout for modernity and digital adaptability
- Minimalist structure to keep the brand name central and clear

Are there symbols or colors with deeper meaning?

- Three circles: the core TA symbol
- Blue: continuity and identity
- Yellow: light and warmth
- Green: peace and hope
- Map of Europe: retained as a secondary design element

How does the new identity support EATA's digital presence?

- Digital-ready typography for clarity on screens
- A unified sub-branding system for Newsletter, Handbook, Directory, Research
- A colorful footer line already used successfully on social media
- High adaptability across formats and backgrounds

 **eatanews**
european association
for transactional analysis

 **eata**
newsletter

 **eata**
handbook

 **eata**
directory

 **about**
eata

A unified sub-branding system for Newsletter, Handbook, Directory, etc.
A colorful footer line already used successfully on social media

"Did you know...?" EATA trivia series
Eata 50th anniversary year!

Where did Transactional Analysis (TA) make its first appearance in Europe?



a) Paris, 1965
b) London, 1972
c) Vienna, 1968
d) Berlin, 1970

Answer in the copy of the post

european association for transactional analysis  **eatanews** 50th

COC call

Call for the Language Coordinator – UK

COC are seeking PTSTAs or TSTAs who are interested in taking on the role of the Language Coordinator for the UK



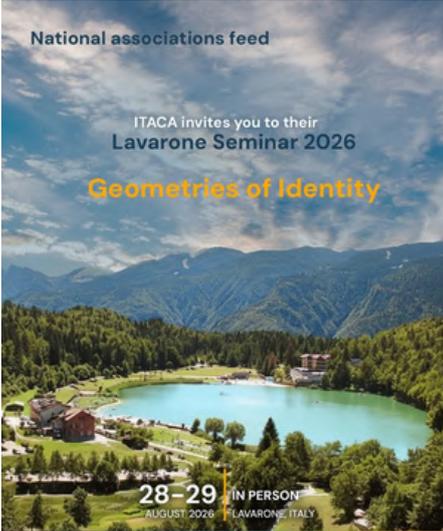
Please read the post for more information

european association for transactional analysis  **eatanews** 50th

National associations feed

ITACA invites you to their Lavarone Seminar 2026

Geometries of Identity



28-29 IN PERSON
AUGUST 2026 LAVARONE ITALY

european association for transactional analysis  **eatanews** 50th

Transactional Analysis Research Conference 2026

11–13 December 2026 in Rome

Introduction

The upcoming Transactional Analysis Research Conference in Rome marks an important step in strengthening TA's evidence base. This announcement outlines the theme, aims, and collaborative spirit behind the event – an invitation to deepen our research culture together.

Theme: Towards an Evidence-Based TA: Past, Present, Future

EATA is pleased to announce that the next Transactional Analysis Research Conference will take place **11–13 December 2026 in Rome**. The event is being organised in close collaboration with **eight Italian TA organisations**, supported by the **Steering Committee, Organising Committee, and Scientific Committee**. Sezgin, as the liaison from the EATA Executive Committee, is coordinating the work on EATA's behalf.

The 2026 conference focuses on a theme that is increasingly central to our professional community: **how TA can continue developing as an evidence-based approach**. The programme will explore the foundations of TA theory, current research, and future directions for empirical work across psychotherapy, counselling, education, and organisational practice.

The aim is to create a space where colleagues can share research results, engage in critical dialogue, and strengthen the connection between theory and practice. The conference invites contributions that reflect on TA's past, examine its present applications, and open new pathways for future inquiry.

The conference website, call for participants, and registration information will be launched soon. More details about submissions, programme structure, and practical arrangements will follow.

This event represents a shared effort to support the growth of research culture within TA and to strengthen the visibility and credibility of our profession in contemporary academic and professional contexts.

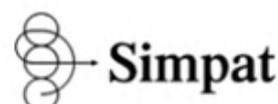
The official platform for the European Research Conference in Transactional Analysis, is now online:

<https://eataconference2026.org>

Sezgin Bekir, EATA Vice-President, liaison and member of the steering Committee
Sylvia Schachner, President of EATA and member of steering Committee,
Ella Paulillo – Chair of the Organising Committee
Enrico Benelli – Chair of Scientific Committee



IRPIR



Interview with EATA's Ethical Advisor

Sabine Blumenstein

This month, we are proud to share an in-depth interview with EATA's Ethical Advisor, Sabine Blumenstein.

Sabine reflects on the foundations of ethical work, the challenges facing ethical bodies today, and the evolving role of ethics within Transactional Analysis.

The full interview is longer than our usual newsletter pieces — and intentionally so. It is thoughtful, nuanced, and invites the reader to take time and reflect.

A. Foundations

If we talk about the ethical body: what role does the ethical body play in organisations today, and why are they becoming more essential?

Sabine:

One of EATA's standards is that associations wishing to be affiliated must have clearly defined, independent ethical bodies, along with procedures and protocols for managing ethical applications, questions, concerns, and complaints.

These procedures are based on an ethical code, which may be adapted from the EATA Code of Ethics.

For me, the most important aspect of ethical work is learning and developing together — rather than punishment or control. My main interest is supporting people in ethical roles to think, reflect, and explore questions. The EATA Code of Ethics does not offer simple answers such as “this is right” or “this is wrong”. Instead, it invites reflection and learning.

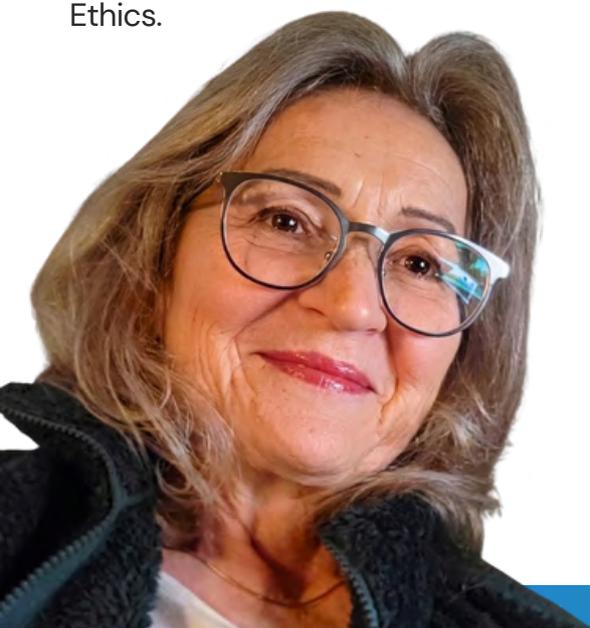
When people work with the ethical matrix — which I consider a very valuable tool — they often say: “We have more questions now than when we started.” I see this as something positive. It raises awareness that ethics is rarely black and white. At some point, of course, decisions and actions are necessary. The most problematic response is non-action — waiting for someone else to resolve the issue or hoping it will disappear.

In the TSTA examination, the ethics question is not about reciting paragraphs. It is about how candidates reflect. The deontological code in the training manual is still important, but it provides a framework rather than replacing thinking. If people rely solely on written rules, they may feel tempted to say: “My case doesn't fit exactly, so I can avoid responsibility.” That is not the intention of ethical work.

How do ethical bodies differentiate themselves from compliance or legal departments?

Sabine:

First, it is important to clarify that EATA does not have an ethics committee — it has an Ethical Advisor. My role is to pay attention to the questions, rather than to provide definitive answers.



We have more questions now than when we started.” I see this as something positive. It raises awareness that ethics is rarely black and white.

When legal action is planned or ongoing, EATA does not intervene. EATA does not object to members of an affiliated organisation initiating civil proceedings; however, when this occurs, any EATA process directly related to that matter must be suspended. EATA resumes its involvement only once the legal proceedings have concluded.

For this reason, review panels are required to sign a statement confirming that no legal process is intended or ongoing. If legal action is underway, the ethical process is paused. The same principle applies to ethics committees within national associations. Ethical bodies should not intervene in legal matters — this boundary is essential for clarity and safety.

When ethical bodies are created, what are the minimum requirements for them to function effectively?

Sabine:

It depends on the context, but I can offer some general recommendations. The chair of an ethics committee should not be involved in double-bind or multiple-role relationships.

Independence is essential — both for the chair and for committee members. They should not be part of the executive body.

Members need the ability to distinguish between their personal opinions and their ethical role.

As Ethical Advisor, I often have my own thoughts about the content of a case, but my responsibility is to focus on process and on whether procedures are being followed. There is a risk of becoming overly involved in content rather than maintaining a meta-position.

Committees that move too quickly into deciding what is “right” or “wrong” are on a difficult path. Ethical work requires space for reflection, independence, and careful consideration.

Less experienced committees often want to “do everything right”. They need permission to make human errors — not ethical violations, but learning

mistakes. Ethics committees must be allowed to be human. Holding multiple roles within the organisation should be avoided.

Using the TA role concept can be very helpful. Asking, “From which role am I speaking right now?” often brings clarity. Ethics committees are becoming increasingly important because ethics is sometimes treated as self-evident — and it is not. Ethical reflection requires ongoing attention. Ethics is not “set in stone”; it needs to be revisited again and again.

Which skills or perspectives should be represented to ensure balanced decision-making?

Sabine:

This is partly about skills and partly about attitude. Ethical work involves emotion: being anxious and brave at the same time, flexible and stable at the same time. It requires continuous self-reflection: “What did I just say? What did I just do?”

I once said to Robin, “I’m never sure that I’m right.” And he replied, “Good.” Ethical work is not comfortable. Members of ethics committees need the capacity to stay with discomfort.

Experience with conflict is helpful. Independence is important — not being driven by the need to please others. This often comes with professional maturity.

At the same time, empathy is essential: the capacity to understand even very difficult positions. Boundaries are equally important — recognising when neutrality is no longer possible.

Committees that move too quickly into deciding what is “right” or “wrong” are on a difficult path. Ethical work requires space for reflection, independence

Ethics is similar to a systemic approach: we are not neutral, but we can step into the perspectives of all parties without trying to satisfy everyone. If boundaries are too rigid, we risk becoming punitive. If they are too loose, we cannot offer a holding environment.

B. Practice and Processes

What kinds of issues typically come to an ethics committee?

Sabine:

I struggle with the word "typical". In ethics training, people often focus on extreme examples — such as sexual or financial abuse — which can create the impression that ethics only concerns dramatic cases. I prefer to begin with everyday situations.

For example: you walk down the street and see a client standing in a group. You greet them. Is that an ethical issue? Possibly. Do you know who else is present? What if one person is the client's manager, who is unaware that the client is in therapy? Confidentiality may be unintentionally compromised.

These everyday situations are important because they inform what we include in contracts — for example, agreements about how to behave when we encounter each other in public. In many countries, people hesitate to contact an ethics committee.

Ideally, they should feel free to call and say, "I have a doubt." That can be enough. Sometimes an issue can be clarified quickly; sometimes it requires deeper exploration.

More serious cases often involve complaints about trainers or supervisors, which are particularly complex because of power dynamics. In most cases, the underlying theme is the use or misuse of power. Whenever someone holds more power, they also carry greater responsibility.

My role as Ethical Advisor is not to judge content, but to consider whether associations follow their own procedures. I focus on process rather than outcome.

How should committees balance urgent dilemmas with long-term ethical reflection?

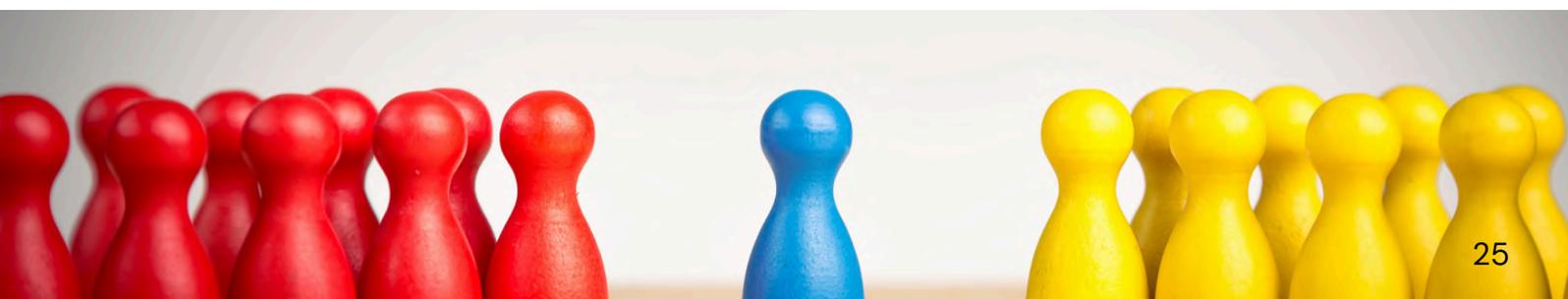
Sabine:

Procedures and protocols are linked to the statutes of each national association. Each association must have a code of ethics. They may adapt EATA's code, but the core principles must remain. National associations manage individual cases and may develop their own improvements. They can consult with me, but authority rests at the national level. EATA sets requirements while respecting national autonomy.

Can you share an example — in general terms — where ethical work helped prevent harm?

Sabine:

When an ethics committee succeeds in creating a learning atmosphere between the complainant and the respondent, and when the respondent is able to acknowledge that there is something to learn, this can protect everyone involved. If a trainer reflects on the misuse of power and changes their behaviour, it benefits the individual, the association, and the wider TA community.



and the respondent, and when the respondent is able to acknowledge that there is something to learn, this can protect everyone involved. If a trainer reflects on the misuse of power and changes their behaviour, it benefits the individual, the association, and the wider TA community.

There is also a broader challenge: members who are excluded from one association may join another, as confidentiality rules often prevent information sharing. This can lead to repeated harm. We are currently working on processes for when and how information can be shared responsibly, though this is complex given the number of associations within EATA.

C. Traps and Challenges

What kinds of issues typically come to an ethics committee?

Sabine:

One trap is focusing on content rather than process. Another is becoming entangled in multiple or double relationships — often driven by a wish to please everyone, which is not possible.

For people in powerful positions, a trap can be believing they are more important or knowledgeable than others. For those with less power, the trap may be assuming their perspective carries less value. Another trap is hoping problems will disappear. They do not.

The challenge is to be clear and say: “This is not acceptable, and something needs to change.” This may provoke anger, but it is sometimes necessary.

What risks arise when committees lack diversity or authority, and how can these be addressed?

Sabine:

Supervision is extremely helpful. Regularly clarifying roles is essential. Boundaries must be clear: if the person with the most power refuses to engage in a learning process, the ethical process must stop. Doing nothing remains the greatest risk.

D. Future Outlook

How do you see the role of ethical bodies evolving over the next decade?

Sabine:

Ethical bodies will become increasingly important because they foster learning — both individually and organisationally. They help keep ethics alive as a reflective process rather than a punitive one.

I would like to see committee membership change more frequently. Long terms can lead to rigidity. Limited mandates encourage freshness and courage.

Ethics committees can stimulate curiosity and help people engage with complexity. Ethical reflection is like a muscle — it needs to be exercised.

What challenges should ethical bodies prepare for in the future?

Sabine:

One challenge is avoiding nostalgia — the idea that ethics is old-fashioned. Ethics is human and subjective, yet grounded in shared agreements about what is appropriate. Artificial intelligence presents new ethical questions. Like any tool, it can be misused, but it can also be used responsibly. Transparency is essential. Uncertainty around AI creates anxiety, and this needs to be acknowledged. AI works with the information it is given; contradictions are difficult for it to process. These developments require open and honest discussion.

The use of AI as a therapeutic tool is another emerging issue. Ethical bodies are likely to encounter these questions more frequently in the coming years.

Closing words from the editor

I deeply appreciated this conversation with Sabine — for the depth, honesty, and care with which she approached each question. Her reflections invite us not only to think about ethics, but to live it with awareness and responsibility.

Celebrating Contribution in our Community

The EATA Gold and Silver Medals



by **Ana-Marija Vidjak**,
EATA General Secretary

Across EATA and the wider Transactional Analysis community in Europe, much of the work that sustains us happens quietly. It grows through long-term commitment, voluntary engagement, and countless hours spent organising, teaching, mentoring, writing, and carrying responsibility—often alongside many other professional roles. This work is not always visible, yet it is what allows our community to function, grow, and stay connected.

The EATA Gold and Silver Medals were created to make this contribution visible. They are not about comparison or competition, but about recognition and appreciation. Awarded every second year, **the medals honour individuals whose dedication has made a meaningful difference to EATA and to the development of TA in Europe.**

The Gold Medal recognises longstanding and outstanding contribution. It is awarded to individuals whose sustained involvement has significantly supported or shaped EATA or the wider TA community. Such contribution often unfolds over many years and may include leadership, educational work, organisational responsibility, representation, writing, or other forms of service that build continuity, quality, and trust.

The Silver Medal recognises focused and impactful contribution. It honours work on a specific project, initiative, or action that has been particularly meaningful or successful. This may include the development of a special project, a strong contribution to an event or congress, or committed organisational work around a particular task.

The Silver Medal expresses gratitude for the energy, creativity, and engagement that lead to clear and positive outcomes.

Together, the Gold and Silver Medals reflect the many ways people contribute to our shared professional space—through long-term dedication and focused initiatives; through continuity and innovation; through visible roles and work carried out quietly in the background.

By inviting nominations, we also invite reflection. We encourage you to look around and notice the people whose work has supported others, created opportunities, held structures together, or strengthened our community. Recognising contribution is not only about honouring individuals; it is also about acknowledging the values of care, responsibility, and collaboration at the heart of Transactional Analysis.

Click on the button to know more on:

[Nomination Criteria and Guidelines and Last Medals awarded](#)

We encourage you to look around and notice the people whose work has supported others, created opportunities, held structures together, or strengthened our community.



In Memoriam

Nelly Micholt

Nelly Micholt passed away suddenly on 2 November 2025, leaving behind the calm shorelines of Brittany where she had lived happily with her wife. Rooted in Bruges and shaped by the social sciences, she devoted her life to understanding how people grow, learn and connect. In Transactional Analysis she found a home, and she carried the field forward with a rare blend of clarity, warmth and playful humour.



Her presence encouraged others to stretch gently beyond their limits, even in moments of doubt or disappointment. Across many countries and cultures, she opened spaces where learning felt honest, human and alive. Her reflections on distance, relationship and process continue to steady those who follow after her. Those who worked with her remember a woman who saw deeply, taught lightly and laughed easily. We bid her farewell with gratitude, carrying forward the humanity she offered so generously.

In the words of those who knew her, her influence and spirit become even more visible:

I am very sad about the passing of my friend and mentor. Nelly is known for her article on psychological distance and her exceptional qualities as trainer and supervisor. She taught me the essence of being a TSTA, of staying human in an educational role. I remember her generosity, support and kindness.

Sari Van Poelje

"Complexity is always there, Lieuwe!" she once said at the start of my PTSTA years. Searching and struggling is part of the work. Her mild, wise realism stays with me, and her sentence has travelled far through others."

Lieuwe Koopmans

Nelly will be remembered for the triangular contract, written in the clear, concise TA style of that time. I met her a few times as a direct, humorous woman who influenced TA in the Netherlands and Belgium."

Moniek Thunnissen

Nelly—wise, modest, skilled, loving, creative. With boundless trust she encouraged many, including me, to stretch our limits. "You will become a good TSTA," she said when I was still a sceptical PTSTA. Her international supervision workshops sparked my joy in TA's global world. She modelled servant leadership: influential, rarely foregrounded.

Jacqueline van Gent

A loss of a special woman and colleague in our community.

Alice Timmermans & Lies de Bruijn

My first TSTA sponsor: our contact was honest, loving, instructive. She mastered the art of clear contracting in groups. In her Brussels TSTA group, I learned the essence of supervision. Dear Nelly, thank you for your wise lessons.

Matti Sannen

The TA world loses a quiet giant. 1979, Aix-en-Provence: Nelly and Sonja, arm in arm, watching the champagne fountain of a new TA world. Her laugh echoed through VITA meetings, Strook editorial work, Belgian conferences and European congresses. A bridge-builder between Netherlands, Flanders, Wallonia, Europe. Later, after years apart, we met again in Prague—as if time had paused. Her contribution to European TA cannot be overstated. We miss you.

Mil Rosseau

“A great lady, very human, upright, sensitive. I learned a lot from her.”

Jeannine Gillessen

I remember Nelly as trainer, supervisor and colleague at Christal in Brussels. Versatile, multilingual, impactful; she mastered group process.

Marleen Dehondt

She supervised with five to the pointed questions. And her permission stays with me: “As a coach you are not paid to be polite, but to confront.”

Annick Vanhove

In the 1990s, during my TA training, I translated her Brussels workshops—rich exchanges of cultures and professions. Later, in her international groups, her short, powerful interventions moved us forward. She made complexity simple without making it simplistic; her demanding clarity was always stimulating. Curious, reflective, she opened deeper routes for us. Thank you, Nelly.

Brigitte Evrard

I remember her sessions in Leuven: valuable, confronting at times, deeply formative.

Theo van der Heijden

For me Nelly was a safe, reliable beacon—careful, involved, ego-free. Her groups felt constructive and welcoming. She lives on in many she guided with love.

Joost Levy

I met her in 1982; she was my sponsor for CTA and TSTA. Over the years, we became friends. I saw her often; I loved her creativity and her humor. I am very sad today.

Christine Chevalier

Her sparkling intelligence, laser-like gaze and profound humanity shaped my way of being. She could combine linguistic talent and global openness with domestic calm, sometimes knitting while supervising.

Jacques Moreau

As a new CTA in 2000 she welcomed me warmly in the TA community and in Kristal. Her quiet confidence in others was typical: she saw possibilities before we did ourselves.

Linda Hoeben



New Generation

Exam Successes



Rösrath, Germany

7 and 8 Nov. 2025

TSTA

Gabriela Reinke, TSTA-C
Gerlinde Ziemendorff, TSTA-E
Patrick Odendaal, TSTA-O
Liudmila Sjöholm, TSTA-P
Jelena Vrsaljko, TSTA-P
Sabrina Hupperich, TSTA-O

CTA

Dominik Elsbroek
Christine Götz, CTA-O
Corneli Iseli, CTA-P
Weber-Hutter Petra, CTA-C
Tetiana Skuratskova, CTA-P
Nathan Bryce, CTA-P
Anja Brune, CTA-C
Jean Razous, CTA-P
Barbara Hollenstein, CTA-E
Piotr Przybylski, CTA-P
Martina Schlegel, CTA-E

Simone Strehle-Hechenberger,
CTA-C
Susanne Beer, CTA-O
Rena Lewitz, CTA-E
Filip Zareba, CTA-P
Armin Ziesemer, CTA-O
Klara Schmitz-Huebsch, CTA-O
Gabriele Heidkamp, CTA-C
Petra Colombini-Bichl, CTA-C
Nicole Périsset, CTA-C
Laura Masferrer-Boix, CTA-P
Lucia Niederleitner, CTA-C
Kathrin Storr, CTA-E
Sandra Weber-Fetzer, CTA-C
Sven Kramer, CTA-O
Walburga Ebner, CTA-P
Lars Schmidt, CTA-E
Andrea Bläsing, CTA-C
Olga Milosevic, CTA-P
Birgit Wellmann-White, CTA-E

Congratulations to everyone!



London, UK

7 and 8 Nov. 2025

CTA all in the field of psychotherapy

Alexander Vendittelli
Hannah Jackson-McCamley
Troy Shelton
Barbara Bates
Laurence Taylor
Sarita Markouizos
Deniz Sarper
Elodie Pendred
Colby Pope
Kathryn Angus
Lucy Cassels
Holly Underwood
Christopher Bancroft
Holly Beck
James Reynolds

Congratulations to everyone!



Rome, Italy

28 Nov. 2025

Special exams

Luca Maria Tomarelli
Angela Ferrantino
Elvira Profita
Luisa Galdiero

Rome, Italy

18/19 Dec. 2025

Congratulations to CTA-P candidates

Moira Bucciarello
Sandra Capitano
Martina Cecconi
Camilla De Nicola
Silvia Di Falco
Valentina Errigo
Martina Loppa
Lavinia Papadia
Chiar Pellgrini
Deborah Pini
Anastasia Stranieri



Closing Notes

As we bring this anniversary edition to a close, I want to extend my heartfelt thanks to everyone who contributed — through writing, reviewing, reflecting, or simply by staying connected to this community. Editing this issue has been a reminder of how much dedication, care, and quiet commitment lives within EATA.

Fifty years is a remarkable milestone, but it is also a beginning. The conversations in this newsletter — about identity, ethics, research, technology, and collaboration — point toward a future that is both challenging and full of possibility. I hope this edition inspires you to stay engaged, to share your voice, and to take part in shaping the next chapter of our shared story.

Thank you for reading and thank you for being part of EATA.

Warm regards,

Eva, EATA Newsletter Editor



The EATA newsletter is published by the **European Association for Transactional Analysis**, a non-profit association registered in Geneva, Switzerland.

50 years



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Frequency and Deadlines:

15 February for the March issue

15 June for the July issue

15 October for the November issue.